

# The Foothills Focus

• ANTHEM • BLACK CANYON CITY • CAREFREE • CAVE CREEK • DESERT HILLS • NEW RIVER • NORTH PHOENIX • TRAMONTO

## Anthem Council meets Thursday

STAFF REPORT

The ACC Board of Directors regular March meeting has been rescheduled to a Special Meeting at 6:30 p.m., Thursday at the ACC Community Center. Anticipated topics for discussion and public input include:

- Civic Building update. Design and construction estimates will be presented.

- Facilities Master Plan proposed projects. Additional financial information, including operating cost estimates for proposed master plan projects will be discussed. The Board will consider further policy direction regarding the proposed projects and next steps.

- Arroyo Norte Facilities Use Agreement. This is a proposed agreement between the ACC and

## Free heart testing available in Anthem



Submitted photo

Diamond Canyon School in Anthem is hosting the Anthony Bates Foundation from 10 a.m. - 4 p.m., Saturday during which 500 free heart screenings will be offered.

MARC BUCKHOUT  
MANAGING EDITOR

The Phoenix Suns have played the entire 2012-2013 season without forward Channing Frye. Prior to the season Frye, a local product who starred at St. Mary's High School and then at the University of Arizona, was diagnosed as having an enlarged heart after undergoing a routine echocardiogram.

Two seasons ago Boston Celtics forward Jeff Green sat out the entire season after being diagnosed with an aortic aneurysm, which required surgery to repair.

If world class athletes can be threatened by such heart ailments it would seem clear that anyone would be susceptible.

Sharon Bates said she doesn't mean to scare people, but she wants them to

understand the importance of having themselves and their children tested.

From 10 a.m. - 4 p.m. at Diamond Canyon School in Anthem the Anthony Bates Foundation will conduct as many as 500 free heart screenings.

Sharon Bates started the foundation, in 2002, two years after her 20-year old son, who played prep football in Arizona and was continuing his athletic career as a member of the Kansas State Wildcats football team died from a heart attack.

Despite undergoing routine physicals annually in order to play sports Anthony was never diagnosed with Hypertrophic Cardiomyopathy, the cause of his sudden death. She said he

**HEART**  
continued on page 4

## Canyon City restaurant gets overhaul from Bar Rescue



theFoothillsfocus.com

46641 North  
Black Canyon Hwy.  
New River, AZ  
85087

main  
623-465-5808

fax  
623-465-1363

tfootorial@hotmail.com  
foothillsfocus@qwestoffice.net

Publisher:  
John Alexander

### heart from page 1

never had any of the warning signs of heart distress leading up to his death including lightheadedness, shortness of breath, blackouts or chest pains.

Saturday's event will offer free screenings, which will include an echocardiogram and ECG testing with cardiologists on hand to analyze the results.

"I don't want any parent suffering through the experience I had with my son," Sharon said.

Since its inception the foundation has conducted two screenings annually in Arizona.

Thanks to sponsors, volunteer nurses and cardiac physicians, the foundation will perform \$2,100 worth of tests for free, although a donation of \$40 is suggested, which helps fund screenings for more children.

Sharon said over the years the screenings have revealed approximately one in ten youth being diagnosed with a serious, yet treatable heart condition.

As of Thursday's interview with Bates, 9 days before the event, only 75 people had signed up to be tested. Bates is hopeful they will be able to test 500 people.

Along with the screenings attendees will also learn how to administer CPR and use a defibrillator.

Funds raised by the foundation also go toward the purchase of Automatic External Defibrillators, which are then donated to schools.

Registration is required and can be completed by calling 602-482-5606 or by going to [anthonybates.org](http://anthonybates.org). Diamond Canyon School is located at 40004 N. Liberty Bell Way in Anthem.

**NOW OPEN!**  
Offering High Quality Hay,  
Grain, Farrier Supplies  
and Pet Food!!

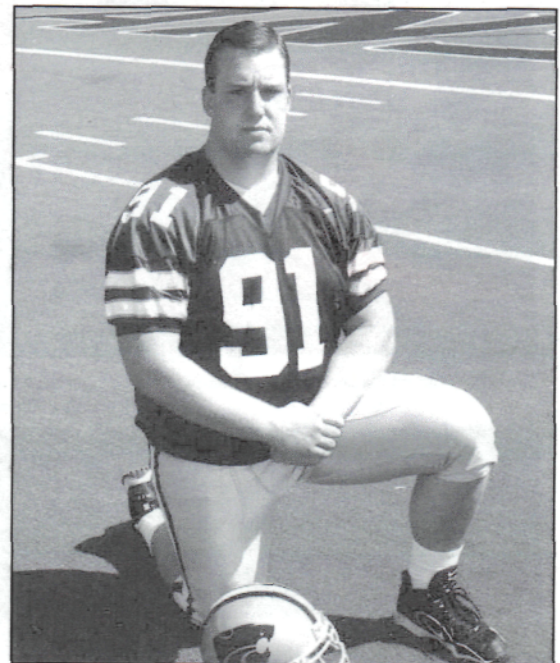
**Last Dollar**  
FEED & SUPPLY

*Fair Prices - Friendly Faces*

Call or stop by!  
**623-465-9155**

Free Delivery to New River, Anthem and Desert Hills  
Delivery available to Cave Creek and North Phoenix

Mon - Fri: 8 am - 6 pm Sat: 9 - 2 Sun: 9 - 1



Submitted photo

The Anthony Bates Foundation will be in Anthem from 10 a.m. - 4p.m., Saturday at Diamond Canyon School.

• IRS & AZDOR CONFLICTS  
• TAX PLANNING & PREPARATION:  
-Corporation

**Angelo Bellone, CPA**

Where your numbers are personal.

2400 East Green Parkway